



Thank You Firefighters!

SAC would like to extend our heartfelt thanks to all the firefighters—both local and from across the region—who worked tirelessly to help protect our beautiful town.

We were honored to welcome firefighters to the club, where they could work out, enjoy a cup of coffee, use the wellness lounge, and take a hot shower to recharge before heading back out to battle the fires each day. We were also grateful to provide a place of comfort for community members who had to evacuate.

The crew pictured here is from Long Beach, California, and they shared how thankful they were to have the Sisters Athletic Club available during their deployment.

A special thank you to Tate for making the club available to support our community during this challenging time. We are proud to have been able to play a small part in helping those who gave so much to protect us.

Tour de SAC 2026

This year's 23-day cycling challenge proved to be more difficult than in previous years, with poor air quality and wildfire evacuations affecting many participants. Despite those challenges, the 30 members who took part rose to the occasion and collectively logged an impressive 6,711 miles. Thank you to everyone who participated, adapted, and kept pedaling through a challenging few weeks. Your dedication and perseverance made this year's Tour de SAC a success! A big thank you again to Blazin' Saddles for our raffle prize donations.

*** Next challenge to gear up for is the "Everyone's Ironman" in September.**

STAFF CORNER

Meet SAC Employee: Amanda Wright!

We're excited to introduce Amanda Wright, who joins the Sisters Athletic Club all the way from South Africa by way of Dubai then Seattle, Washington!

Amanda has jumped right into life at SAC, welcoming members at the front desk and leading several of our Group Exercise classes. You can find her teaching Yoga, Hydrofit, and Body Sculpt, where she's already bringing great energy and enthusiasm to every class.

Be sure to say hello the next time you see Amanda around the club, whether you're checking in or joining one of her classes. We're happy to have her as part of the SAC team!



HAPPY
BIRTHDAY



STAFF:

Karen P. August 2nd
Aimee M.: August 16th
Jeanette: August 20th

MEMBERS: 119

*Make sure you have an updated
address with SAC so you can receive
your birthday card.

Group Ex Classes Friendly Reminders

To help our classes run
smoothly and give everyone a
fair chance to participate, please
keep the following in mind:

- **Pre-registration is recommended** for all group exercise classes. Registration opens one week in advance.
- **Can't make it?** Please cancel as soon as possible by unregistering online or calling the front desk, so members on the waitlist have a chance to attend.
- **Please don't save spots** for others. A spot is officially yours once you've arrived and claimed it.
- **Bringing a guest?** Guests are welcome to wait until class begins and can join if space is available.

Thank you for helping us keep
our classes fair, friendly, and
enjoyable for everyone. We look
forward to seeing you in class!

Member Spotlight

Bill and Lisa Hull



Bill was born in Vancouver, British Columbia, and Lisa grew up in Shedd, Oregon. They moved from Salem, Oregon to Sisters to be with family, including Lisa's older sister, Sande Burgess, who is also a member of SAC. They also moved to enjoy all the outdoor activities the area has to offer.

Bill retired in 2013, and Lisa works part-time as an energy consultant.

Bill and Lisa met on a blind date in 1993 at the T&R Truck Stop in Albany, Oregon. They were married just four months later!

The couple have been members of SAC since May 2014.

"We love the professionalism of the staff, the inclusive environment, and the great equipment. We have made many friends here and consider Rebecca, Amy, and many others, close friends."

In her free time, Lisa enjoys baking, cooking, and reading. Together, Bill and Lisa love hiking, biking, kayaking, and spending time outdoors. Lisa also enjoys going out to dinner with friends—especially when there's a good glass of wine involved!

Bill and Lisa we truly love seeing you in the club every morning and we are grateful for your longtime membership.