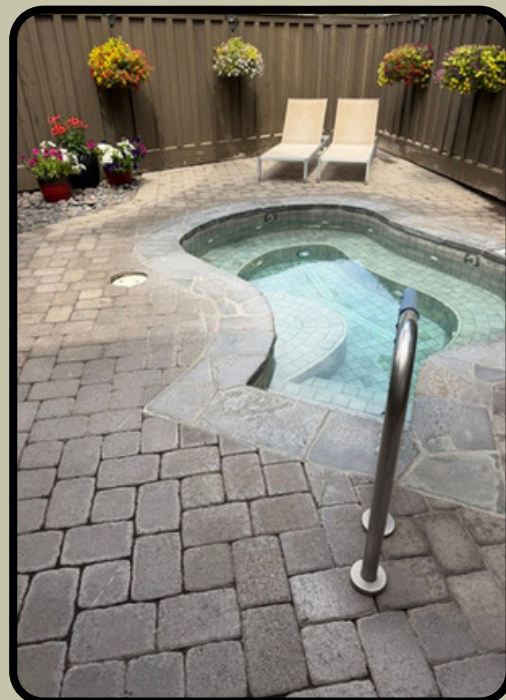




American Red Cross



Blood Drive Results

Sisters Athletic Club

June 19, 2026

Presenting Donors Whole	27
Blood Procedures	25
Power Red (no machine)	0
First Time Donors	2
Goal Achieved	108%
Potential Lives Saved	75

THANK YOU
VOLUNTEERS & DONORS

- Next Blood Drive @ SAC is Thursday, September 10th

THANK YOU EILEEN!

A huge thank you to our SAC employee, Eileen! Eileen has spent countless hours beautifying the SAC grounds. From pulling weeds and raking pine needles to spreading mulch and planting flowers throughout the club, her hard work has made a tremendous difference—and it looks amazing!

Her dedication doesn't stop there. She continues to care for and maintain everything she's planted, and she'll soon be completing the walkway area behind the club by adding fill rock to give it a finished look.

Thank you, Eileen, for your dedication, hard work, and pride in making our club a beautiful place for everyone. Your efforts are truly appreciated and do not go unnoticed!

**HAPPY
BIRTHDAY**



STAFF:

Eileen: July 4th
Lexi: July 15th
Kristy: July 28th

MEMBERS: 112

*Make sure you have an updated address with SAC so you can receive your birthday card.

SAC MEMBERS!

**TRAVELING THIS
SUMMER?**

Pick up a FitLife or IHRSA pass to access clubs in the network.

Participating FitLife clubs are located by the bulletin board.



Member Spotlight

Tenise Choruby

Tenise grew up in Portland, Oregon, and earned a Bachelor of Science in Park Management from the University of Oregon. She began her career with Portland Parks and Recreation, where she worked before and throughout college.

After graduating college, Tenise transitioned into the insurance industry, where she spent 29 years as a self-employed employee benefits broker before retiring in 2021.

"I worked in insurance, starting as a CSR, then being the liaison between insurance company and physician group to resolve contractual complaints at a hospital. I was assigned to help produce a new HMO product, the POS... which entailed becoming a secret shopper for employee benefits, posing as a business owner to shop. After that experience, I left the hospital for self employment as an employee benefits broker."

"As a member of SAC for the past 4 years, I appreciate its clean, welcoming environment. I especially enjoy the salt water swimming pool and the filtered drinking water. I have also met some wonderful people here."

"When I'm not at the club, I like to spend as much time as possible in nature. I'm fascinated with the natural beauty that surrounds us and am especially fond of pollinators and wildflowers."

"I love dancing of all sorts. I've been in many parades and performances. Dancing, swimming, hiking and, gardening are how I spend my free time. I am known to go down "research rabbit holes" on any subject that strikes my interest. And, I'm a pretty good cook!"

Tenise, SAC is very lucky to have you as a member. You are always happy and engaging with the staff when you come in. We love your smile and enthusiasm.